



The Model 10 Difference

Clinical studies have proven the following benefits for Reliant Rehabilitation's Model 10:

1. 75% decrease in restraint use after one month

2. 35% decrease in falls after one month

3. 95% decrease in Moderate to Severe Pain

4. 35% decrease in incontinence after one month

5. 24% improvement in Part A length of stay

10. \$22 per day RUG rate increase

9. 74% increase in cognitive treatments

8. 85% return to prior level of function

7. Decreased discharges to hospital by 22% after one month

6. Improved Five Star Rating

ReHAbilitation - ReAssimilation - ReIntegrAtion
Model 10

As the health care industry has changed, the role of therapy has evolved to meet these challenges. The treatment strategies selected must be designed to meet the needs of patients in an efficient and cost effective manner within a variety of clinical settings. Model 10, Reliant Rehabilitation's revolutionary clinical model of care, was derived from an extensive internal research effort organized by a collaborative team of doctors, therapists and nurses. Committed to the success of maximizing each patient's functional potential, the team collected and analyzed information required to advance the impact of therapy services and treatment programs.

All Reliant Rehabilitation therapists receive comprehensive training which enhances their clinical decision making skills. Model 10 has been proven to improve clinical outcomes while increasing profitability. Model 10 will set the standard for how long term care therapy is administered and managed.

ReHAbilitation -

- Patient has suffered a recent onset or functional change.
- Licensed therapists identify the patient's needs and teach skills to caregivers.

Goal
Meet basic patient needs, improve quality of life and reduce the burden of care.

ReAssimilation -

- Patient begins to understand and accept full extent of functional deficits.
- Patient may have multiple diagnoses or limited learning potential.
- Therapists train the patient to compensate for a lost functional skill.

Goal
Compensation for residual deficits.

- Patient achieves highest possible level of independence.
- Patient has a good potential for full recovery at this level.
- Patient integrates back into previous living situation.

Goal
COMPLETE RESTORATION!

Clinical studies have proven that the use of Model 10...

DECREASES...

1. Discharges to hospital
2. Cognitive impairment
3. Number and severity of wounds
4. Patient complaints
5. Inability to move around facility/room
6. Incontinence
7. Complaints of moderate to severe pain
8. Declines in ROM
9. Declines in ADLs
10. Falls/Restraints



INCREASES...

1. Five Star Rating
2. State survey outcomes
3. Referrals to facility
4. Medicare Part B Caseload
5. CMI
6. RUG Point Index (Medicare A RUG Rate)
7. Average length of stay
8. Return to previous living situation
9. Return to prior level of function
10. Resident Safety