

# Core Principles of Infection Prevention and Control When Implementing Group and Concurrent

Throughout the year there may be waves of viral or other type infections that affect residents within our facilities, leaving us to navigate safe treatment practices. CMS provides core principles of infection prevention and control to help with this navigation and to guard the health and safety of everyone involved.

## Key Elements for Concurrent and Group Activities

### Clinically appropriate residents may include those who:

- Have fully recovered from an active virus or other transmissible or highly contagious illness,
- Are not in isolation, even if only for observation, and/or
- Are not of suspected or confirmed active COVID-19 status or confirmed status for other highly transmissible illnesses.

### Therapists should adhere to core principles of infection control.

- Ensure proper hand washing (soap/water or alcohol-based hand sanitizer).
- Implement resident use of face coverings for source control as needed.
- Utilize proper personal protective equipment based on patient diagnosis and facility guidance.
- Perform cleaning and disinfecting of equipment and other items used prior to and following each patient's use.

### Facility/customer-specific guidance must be implemented.

- While adhering to the core principles of COVID-19 infection prevention, communal activities and dining may occur.
- Communal activities and dining do not have to be paused during an outbreak, unless directed by the state or local health department. Seek facility guidance.

## Benefits of Concurrent and Group Activities



### Reliant Resources:

- Take CARE with Infection Control
- Reliant's GPS: Group Possible Solutions
- Mode of Treatment Decision Tree

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