

Power *of* Partnership

Alleviating the Weight of Care
with the Power of Partnership



Does your current therapy solution decrease the burden on your staff?

The goal should be to provide the best patient experience with the highest level of quality outcomes while controlling risk and overall expense.



5 Questions Every Operator Should Ask:

- ① What clinical resources and support services does your therapy department have to ensure Quality Outcomes?
- ① Is your therapy department an active partner in achieving success in Quality Initiatives?
- ① Do they have the training, tools, and expertise to assist your facility?
- ① Do your resident outcomes positively impact your facility's ability to build referral sources, contract with payors, improve community reputation, and drive your census?
- ① Does your therapy department share the facility's risks and responsibilities (including departmental overhead, case management, compliance, and coding)?

Effective therapy partnerships should assist your staff with the following:

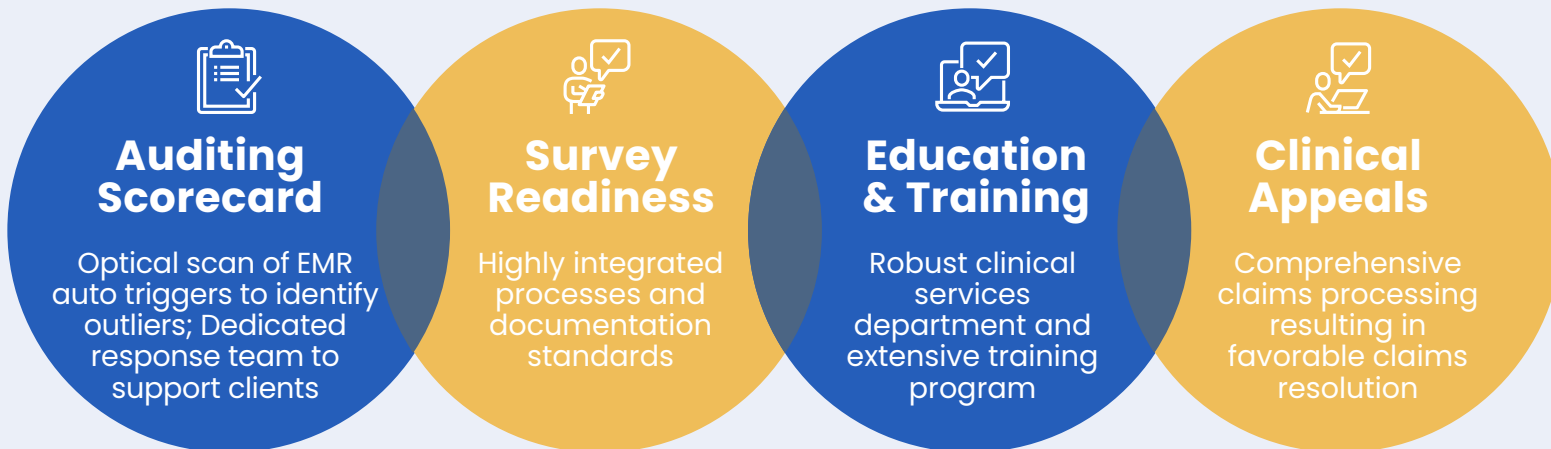
- ⦿ Compliance
- ⦿ Clinical Outcomes, Education & Training
- ⦿ Reimbursement Alignment
- ⦿ Reducing Return to Acute
- ⦿ Improving Quality Measures
- ⦿ Census Development
- ⦿ Enrich Resident's Quality of Life



Effective Compliance Programs

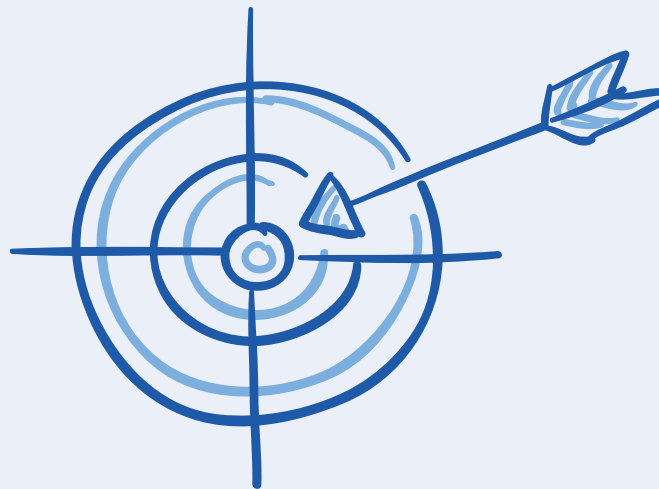


“Do the Right Thing” is at the core of Reliant’s culture. This includes taking a multi-layered proactive approach to ensure compliance with all state and federal guidelines, as well as implementing a robust clinical program and clinical education platform to guarantee the highest quality outcomes.



Clinical Outcomes

- ◎ Clinical services education & training
- ◎ Proven clinical pathways
- ◎ Proprietary patient care models
- ◎ Patient and facility outcome reporting
- ◎ Resident outcomes translated to quality index scores



Clinical Services Education & Training

Reliant University

Reliant University is a web-based learning management system. It houses Reliant Rehab's proprietary training, resources, and content for real time access for all employees, including Reliant Orientation and Annual Compliance Curriculum.

In addition, it provides continuing education opportunities for all state licensing boards with an average of over 35,000 CEU credits earned annually.



Clinical Connections & Resources

Clinical Connections for Health Literacy provides easily-understood terminology and graphics for best practice clinical considerations and patient and caregiver-facing education. **Clinical Resources** are guides for practice management and regulatory guidelines to assist clinicians.

Clinical Connection



CLINICAL RESOURCE

Live & On-Demand Webinars

Live and On-Demand Webinar Opportunities encompasses monthly **Lunch & Learns** for the field therapists covering a variety of clinical topics, from best practice clinical guidance to regulatory updates. **Customer Connect** webinars are offered quarterly to bridge communication and practice between therapy, nursing, and the facility, as well as earn nursing CEU credits. Topics covered include quality assurance, claims resolutions strategies, and in-depth regulatory and MDS information/updates. On-site training and education is also available.



Communications & Publications

Communications and Publications includes **Reliant Reveal, Real Time Memos** and **Practicing with a Purpose**. Our monthly Reliant Reveal newsletters are reliable, relatable and relevant information designed to keep our partners informed on the latest regulatory information, patient success stories, medical review updates, and more. Real Time Memo campaigns are sent as late breaking news information becomes available. Our quarterly Practicing with a Purpose is clinician targeted with information to inspire, enable, and affirm therapists' and patients' potential for success.



Proprietary Patient Care Models

In an evolving industry, answering the question “Why therapy?” is more relevant than ever. Model 10^{3.0}, Reliant’s comprehensive proprietary program, answers the question by providing clinical-based outcomes which solidify the need for skilled therapy services in the post-acute world.

Model 10^{3.0}

**PDPM
Communication**

**Quality Reporting
Programs**

**Successful
Outcomes**

**Health Literacy
Program**

**Outcome
Reports**

Model 10–Day Timeline

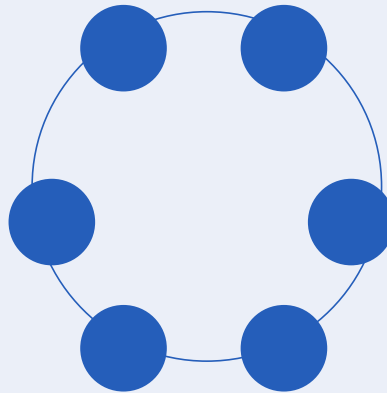
Guides the clinician through critical assessment and communication items for partnering with the community team in care planning and MDS data collection

Health Literacy

Integrated concepts for increased patient involvement and improved outcomes post discharge

Discharge Planning Considerations

Includes discharge to community and focuses on considerations in relation to patient’s personal goals, level of care and expected discharge destination



Model 10 Functional Rating Scale

Streamlined mapping of clinical scales to Section GG Rating Scale for standardized post-acute care outcomes while maintaining a functional area focus

Assessing Response to Intervention

Refocused to provide treatment strategies that are discipline-specific and correlate with functional areas and the determined level of care

Marketing Resources


Automated patient and facility outcome reporting for marketing

Patient Outcome Reports


Cobranded with the facility logo and name

Personalized with a photo of the patient

Snapshot of patient's overall progress during stay



**Rehabilitation Outcomes
Summary Report**



Geraldine Smith admitted to Sunshine Health & Rehab on August 02, 2021 under the care of Dr. Who. During the course of the stay, Occupational Therapy, Physical Therapy, and Speech Therapy were initiated to efficiently and effectively identify Geraldine Smith's unique needs and tailor specialized treatment plans to successfully transition to the next level of care.

The therapy team provided skilled interventions to address the adaptation, compensation, and restoration potential of Geraldine Smith and coordinated with the interdisciplinary team to ensure appropriate clinical care areas were addressed. On August 24, 2021, Geraldine Smith successfully discharged to long term care.

The rehabilitation length of stay 22 was days.


Overall Composite Score Outcomes

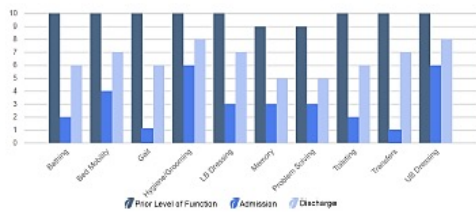
Rehabilitation outcomes are assessed on a 10-point rating scale. 10 is the most independent level of ability, and 1 is the most dependent level of ability. A score of 0 may represent an inability to perform the task. The Model 10 Composite Score represents Geraldine Smith's overall outcomes.

Model 10 Composite Score Overview

Functional Outcome Level Upon Admission	2.9
Functional Outcome Level Upon Discharge	6.5

Rehabilitation Outcomes Details





Functional Area	Prior Level of Function	Admission	Discharge
Balance	10	2	6
Bed Mobility	10	4	7
Gait	10	1	6
Hygiene/Dressing	10	6	8
LD Transfers	10	3	7
Memory	10	3	5
Problem Solving	10	3	5
Transfer	10	2	6
Toileting	10	1	7
UL Transfers	10	6	8

Thank you for the opportunity to care for Geraldine Smith .

For more information please contact
 Phone 941.955.4915
admitsunshine@shealth.com

In partnership with



Summary of patient stay

Prior level, admission and discharge outcomes for individual functional areas

Facility-specific contact information

Facility Outcome Reports

Cobranded with the facility logo and name



Rehabilitation Outcomes Summary Report

Summary of discharge destination and length of stay during selected dates

Discharge Destination

From 8/1/2021 to 8/31/2021, Sunshine Health and Rehab Center had 35 patients discharge from rehab services. Each episode of care targeted patient-centered goals to achieve successful functional outcomes for a safe discharge.



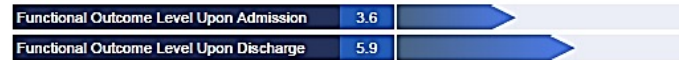
The average length of stay for rehab during the date range was 14 days.

Pie graph of discharge destination

Snapshot of overall progress average

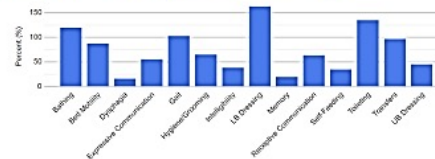
Model 10SM Rehabilitation Outcomes Summary

Rehabilitation outcomes are assessed on a 10-point rating scale. 10 is the most independent level of ability, and 1 is the most dependent level of ability. A score of 0 may represent an inability to perform the task. The Model 10 Composite Score represents the functional improvement of the 111 patients who completed a rehabilitation stay from 3/1/2021 to 3/31/2021.



Rehabilitation outcomes demonstrate progression towards discharge goals.

Functional improvement is displayed by the percent of functional gain at discharge compared to admission.



Graph of percentage of improvement for each functional area addressed

Facility contact information

Diagnostic Category Outcomes

Personalized treatment plans incorporate evidence-based interventions for clinical conditions and diagnostic groups.

Diagnostic Category	Average Improvement	Diagnostic Category	Average Improvement
Cardiac	155.73%	Orthopedic	97.21%
Cog/Behavioral Disorders	16.22%	Other	89.66%
Dementia	15.15%	Respiratory	68.28%
Medical Complex	72.40%	Skin/Subcutaneous Tissue	74.78%
Neurological	69.66%	Urinary	82.14%

Average improvement by diagnostic category

For more information, please contact
Sunshine Health and Rehab Center
501 South Beach Blvd.
Sunnyside, CA 92804
(714) 816-0000

In partnership with ReliantSM REHABILITATION

Reimbursement Alignment

Aligning your reimbursement with appropriate patient care, documentation and communication requires teamwork between direct care providers and MDS professionals.

- ◎ Improved PDPM Communication
- ◎ Part B Reimbursement and CMI support
- ◎ Managed Care Case Management Options
- ◎ Billing and Coding Portfolio

Reliant's proprietary education & training programs empower therapists to:

Understand, practice and document according to Standards of Practice

Understand, communicate and align treatment/documentation with IDT members

Understand MDS calendars and collaborate with MDS professionals to properly time MDS responses and ARDs.

Understand different models of reimbursement and the appropriate delivery of services to maximize patient outcomes and align reimbursement.



Reliant *University*®



Reducing Re-hospitalization Rate

Collaboratively preventing conditions from becoming severe enough to require re-hospitalization through early identification and assessment is the goal of SOS (Subtle Observed Symptoms).

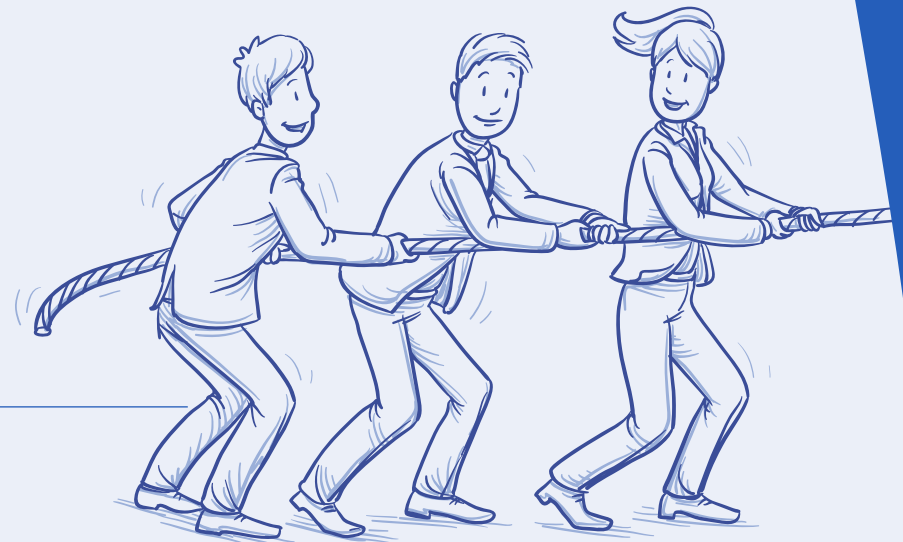


The SOS Tool

- ⦿ Focuses on six key diagnoses that all too often lead to unnecessary re-hospitalizations
- ⦿ Enables communication of subtle observed symptoms to nursing

Therapy's Role in Intervention

- ⦿ Timely clinical intervention to avoid full exacerbations in conditions
- ⦿ Chronic disease education and management
- ⦿ Timely recognition of acute changes



Quality Measures

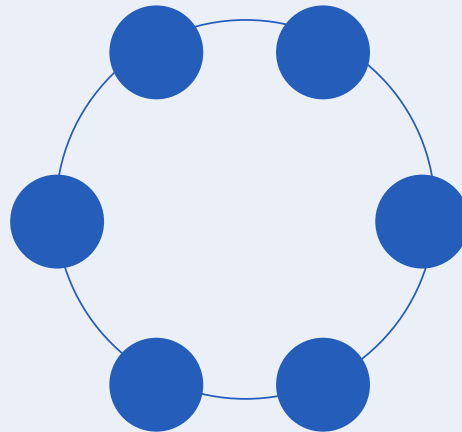
Response to quality indicators and quality care is measured by your ability to meet every resident's needs.

No Patient *Left Behind*

Timely nursing/therapy communication regarding change and function

Systematic patient identification relative to diagnoses, history and risks

Comprehensive functional reviews captures needs for evidence-based therapy intervention



Admission, re-admission and change of condition

Provides the tools to aid with maintaining and improving safety and quality for all patients in Reliant facilities

Training in CMS quality measures and reporting

Census Development

Healthy Census growth requires an interdisciplinary team approach.

- ⦿ Customer service
- ⦿ Outcome Reports
- ⦿ Success Stories
- ⦿ Market Analysis to help determine referral partners needs
- ⦿ Marketable therapy programs
- ⦿ Physician outreach

Reliant[®]GROW



Quality of Life

Reliant's proprietary Quality of Life programs are designed to be integrated into residents' care plans, meet residents' needs, and enhance the facility's overall quality measures while sharing the weight of consistent five-star care.

Forget Me Not 

Dementia care program guides meaningful interventions to meet patient-specific needs.

Care+

Functional module activities designed to be integrated into the patient's daily routine.

No Patient 
Left Behind

Ensures patients receive appropriate and medically necessary care for their conditions.

dancing with
the Seniors

Therapy infused dance program designed to motivate patients to enhance participation and reach personal goals.



Twelve months of wellness-focused educational and activity support materials for residents.

Model 10 ^{3.0}™

Compliance & Medical Review program designed to improve resident identification of needs.





Reliant's robust clinical programming and support, reimbursement expertise, strategic marketing and census development support, quality-of-life patient programs, and more are all value-added services designed to lessen the burden of delivering superior patient care.

For more information contact:
sales@reliant-rehab.com