

July 2024

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 	3	4 	5	6
7 	8	9	10	11 	12	13
14	15	16	17	18 	19	20
21 	22	23	24 	25	26	27
28	29	30 	31	<p>Wellness Theme: Understanding How Heat Effects the Body</p> <p>Therapy Theme: Signs of Dehydration</p>		

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