








January 2025

Let's Have a Little Fun!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Theme: Healthy Resolutions Therapy Theme: Managing Pain Naturally January is Bath Safety Month			1 	2	3	4  National Spaghetti Day
5	6	7	8	9	10	11
12	13  National Rubber Ducky Day	14	15	16	17	18
19  National Popcorn Day	20  MLK Jr. Day	21	22	23  National Handwriting Day	24	25
26	27	28	29  National Puzzle Day	30	31	

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